

Power of Attorney Checklist for Parents of Adult Children

Use this checklist to ensure you've taken the right steps to set up both healthcare and financial Power of Attorney (POA) for your adult child.

- Your child is 18 years or older (legally an adult).
- Discussed the purpose and importance of POA with your child.
- Completed a Healthcare Power of Attorney form.
- Included a HIPAA release with the Healthcare POA.
- Completed a Durable Financial Power of Attorney form.
- Selected that POA becomes effective only upon incapacity.
- Documents are notarized or signed by two qualified adult witnesses (check state requirements).
- Stored signed copies in a secure and accessible place (not in a locked safe deposit box).
- Shared copies with your child's doctors, your attorney, and trusted family members.
- Set a reminder to review and update POAs every few years or after major life changes.